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| Name: ms. deepika | Reg No: 016-7SMHC19 |
| Age / Sex:29/F | Contact No: 9880253307 |
| Marital Status:SINGLE | Date:20/7/19 |
| Occupation:HR IN ONE INDIA.COM | Dr. |
| Address:  NATIVE OF MANGALORE. IN BLORE SINCE 1990  STAY IN KANAKPURA ROAD. | DIAGNOSIS-  CAME THROUGH PRACTO. |

1. ACNE FROM 13 YEARS. SINCE MENARCHE. PAINFUL AT TIMES. GETS 3 TYPES OF PIMPLES. >COLD WATER. PITTED. YELLOWISH WHITE PUS.
2. PREMATURE GREYING.
3. VOMITING IF ON EMPTY STOMACH AND THEN EATS ANYTHING. SPICY FOOD ALSO AGGRAVATES.

PAST H/O:

FAMILY H/O:

NO SIBLINGS.

RX:

1. NAT PHOS 200 – 4-4-4-4 B/FOOD
2. PULSATILLA 200/BERB AQUIFOLIUM 200 -DISC 4-0-4
3. BERB AQUIFOLIUM Q – 15-15-15 DROPS A/FOOD WATER.
4. RUB 15

3/8/19: not feeling more oily. Use to feel irritation before now not feeling. Pimples frequency is less. Lmp: 26/7/19. Din feel increase in pimples also during menses.

Rx:

1. NAT PHOS 200 – 4-4-4-4 B/FOOD
2. PULSATILLA 200/BERB AQUIFOLIUM 200 -DISC 4-0-4
3. BERB AQUIFOLIUM Q – 15-15-15 DROPS A/FOOD WATER.
4. RUB 15